



VOEFSTUBOEJOH FUD &WFSZ UJNF XF UIJOL B

negative, foul or hurtful thought, we feed

UIF SFE EPH &BDI UJNF XF UIJOL B QPTJUJWF

fortifying thought we feed the white dog.

When we lay our head on our pillow at night,

the winner of the war will be determined by

which dog we fed and which dog we starved.

Do you feed the red dog or the white dog?

Success and failure isn't only in your head.

"DUJPO JT XIBU NBLFT TVDDFTT B SFBMJUZ :FU

thoughts are always the precursor to actions.

So attentively protect the gateway (your

NJOE UP ZPVS QFSTPOBM QPXFS BOE SFTPVSDF

for success. Contrary to popular belief, you

are not what you eat, you are what you think.

So, what's on your mind?

